





























# My Thumb and I Progress Chart

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  | Sunday  |
|---|---|---|--|---|---|---|
|    |    |    |    |    |    |    |
|    |    |    |    |    |    |    |
|   |   |   |   |   |   |   |
|  |  |  |  |  |  |  |

Circle the sun or the moon if you were successful in breaking your child's habit during those times of the day. If you are able to accomplish it 5 times during the week you earned a special gift. Congratulations. And good luck next week again!



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